

## **This Week's Lesson**

### **The Golden Rule**

#### **Luke 6:27-38**

Jesus often went up into the hills around Galilee to teach people. One day when there was a large gathering, Jesus and his disciples sat down on a mountainside and He began to teach them all about God and how best to live their lives. This is now called the Sermon on the Mount.

Jesus said, " The Lord will bless those who are eager to do what's right and turn away from their evil ways. God is pleased with people who try to be kind and loving. He hates to see fighting and quarreling, and blesses those who try to make friends and keep peace in the world. He knows one of the hardest things to do is to love and obey Him when things are difficult and people bully and tease you for sticking to God's rules."

"Some of you may think it's okay to hit someone back if they hit you first." Jesus said. "But I tell you to accept what they do to you, no matter what." He also said, "Do unto others as you would have others do unto you." This we call The Golden Rule.

The Golden Rule is a way to show love to others. If someone is angry towards you, give love back. If someone hates you, you give love back. Love is putting someone else first; taking care of their needs before taking care of your own, because others are as important as you are.

#### **Prayer**

*Dear God,*

*Give us the courage and strength to follow The Golden Rule, no matter how difficult it may be. Amen*

**Question:**  
**How should**  
**we live our lives?**

**Answer**  
*Do Unto Others As You  
Would Have Them Do Unto  
You .*

 **The Golden Rule**

## This Week's Craft Heart Suncatcher

- Large Plastic Milk Jug
- Scissors
- Hole Puncher
- Glue
- Acrylic jewels (Sequins or glitter work nicely too) (optional)
- Tissue paper cut or ripped pieces (optional)
- Ribbon or thread for hanging - 2 pieces
- Print out templates below



Wash and dry your plastic milk jug and then cut out the large flat rectangular sides. (Make sure your plastic milk jug is thoroughly cleaned or the stale milk smell will ruin your suncatchers.)

With a marker pen or pencil draw a heart shape and cut it out.

*(Very young children may need some adult help to cut the plastic.)*

Punch a hole at the top of the heart to make a hole for threading your ribbon.

Cover one side of the heart thickly with glue.

Now glue on your acrylic jewels or tissue paper pieces and set the heart aside to dry.

Once your heart suncatcher is completely dry you can thread one of the ribbons through the hole at the top and knot to hang it in a window.

Cut out the templates and glue them back to back, or make your own 2 sided sign.

Punch a hole at the bottom of your heart and at the top of the templates.

Put the ribbon through both holes and knot.

Hang your heart in the window to remind you and others to treat all people the way you'd like them to treat you even if they've hurt you.

